

**Howard Payne University Kinesiology Degree**  
**Bachelor of Science Degree with Personal Trainer option 2016-2017**

FALL SEMESTER 1			
Dept.	Number	Cr.	Course
GEN	1101	1	University Seminar
ENG	1311	3	English Comp I
BIB	1303	3	Intro. To the Old Test.
MAT	1351	3	College Algebra
KIN	1100	1	Principles of Per. Fitness
COM	1310	3	Fundamentals of Human Com.
KIN	11__	1	Activity course
<b>Total Hrs</b>		<b>15</b>	

SPRING SEMESTER 1			
Dept.	Number	Cr.	Course
BIO	1410	4	Human Biology
CIS	1339	3	Intro to CIS
ENG	1312	3	English Comp II
BIB	1304	3	Intro to the New Test
MAT	2342	3	Intro to Prob. & Stat.
<b>Total Hrs</b>		<b>16</b>	

FALL SEMESTER 2			
KIN	1301	3	Foundations of PE
SCI		4	Approved Gen. Ed. list
KIN	2110	1	Fitness Activities
KIN	11__	1	Activity course
KIN	22__	2	KIN Elective
PSY	1311	3	Intro. To Psychology
KIN	3130	1	Individual and Dual Act.
<b>Total Hrs</b>		<b>15</b>	Could be 18

SPRING SEMESTER 2			
KIN	3140	1	Lifetime Rec. Act.
KIN	11__	1	Activity
GOV	2311	3	American Government
ENG	23__	3	English Literature
Fine Arts		3	Approved List
CIS/MATH/SCI		3	
KIN	2259	2	Nutrition for Comp. Ath.
<b>Total Hrs</b>		<b>16</b>	

**Prerequisite for all Education (EDU) courses is formal admission to Teacher Education.**

FALL SEMESTER 3			
KIN	22__	2	
KIN	3325	3	Lifespan Motor Devel.
KIN	3303	3	Kinesiology
KIN	3209	2	Grp Fitness Instructor Theory
Elective		3	
Elective		3	
<b>Total Hrs</b>		<b>16</b>	

SPRING SEMESTER 3			
KIN	3304	3	Exercise Physiology
KIN	3306	3	Psychology of Exercise
Elective		3	
Elective		3	
HIS	13__	3	US History to 1877
KIN	3110	1	Grp Fitness Instructor Practicum
<b>Total Hrs</b>		<b>16</b>	

FALL SEMESTER 4			
KIN	1__	1	Activity course
KIN	4305	3	Test and Measures
KIN	4331	3	Program Leadership
KIN		2	KIN Elective
KIN	4333	3	Presc in Ex Theory
Elective		3	
<b>Total Hrs</b>		<b>15</b>	

SPRING SEMESTER 4			
GEN	4100	1	Senior Seminar
KIN	4180	1	Internship
KIN	4206	2	Issues in ESS
KIN	4234	2	Presc in Ex - Practicum
Elective		3	
Elective		3	
Elective		3	
<b>Total Hrs</b>		<b>15</b>	