

Howard Payne University Exercise and Sport Science Degree
Bachelor of Science Degree - Personal Trainer 2014-2015

GENERAL EDUCATION REQUIREMENT

Dept.	Number	Cr.	Grade	Dept.	Number	Cr.	Grade
GEN	1101	1		GOV	2311	3	
ENG	1311	3		SocSci		3	
ENG	1312	3		ESS	1100	1	
ENG	23__	3		ESS	3130	1	
BIB	1303	3		ESS	3140	1	
BIB	1304	3		GEN	4100	1	
MAT	1351	3					
SCI		4					
COM	1310	3					
Fine Arts		3					
HIS		3					
Total							42

Additional BS- ESS Requirements

Additional Requirements

BIO	1410	4	Human Biology	4 hrs		2	CIS/Math/Science	
BIO	2489	4	Anatomy and Phy I					
BIO	2499	4	Anatomy and Phy II					
MAT	2342	3	Intro to Prob. & Stat.					
CIS	1339	3	Intro to CIS					
Total								12

ESS CORE

"C" or better grade Required

ESS Personal Trainer Area of Interest

Dept.	Number	Cr.	Grade	Dept.	Number	Cr.	Grade
ESS	1301	3		ESS		4	
ESS	2110	1		ESS	3110	1	
ESS	2259	2		ESS	3209	2	
ESS	3303	3		ESS	4234	2	
ESS	3304	3		ESS	4333	3	
ESS	3325	3		ESS	2000+	2	
ESS	3306	3		ESS	4180	1	
ESS	4305	3					
ESS	4206	2					
ESS	4331	3					
Total			26	Total:			15

Minor Outside ESS (optional) 18 hours.

Dept.	Number	Cr.	Approved Substitution	Grade	Dept.	Number	Cr.	Approved Substitution	Grade
Total:									18

Electives

Dept.	Number	Cr.	Approved Substitution	Grade	Dept.	Number	Cr.	Approved Substitution	Grade
Total:									11

Total Hours Required for Degree Completion

124