Howard Payne University Exercise and Sport Science Degree

Bachelor of Science Degree - Generalist 2014-2015

GENERAL EDUCATION REQUIREMENT

Dept.	Number	Cr.		Grade	Dept.	Number	Cr.		Grade
GEN	1101	1	University Seminar		GOV	2311	3	American Government	
ENG	1311	3	English Comp I		SocSci		3	Approved List	
ENG	1312	3	English Comp II		ESS	1100	1	Principles of Per. Fit. & Well.	
ENG	23__	3	English Literature		ESS	3130	1	Individual and Dual Act.	
BIB	1303	3	Intro. To the Old Test.		ESS	3140	1	Lifetime Rec. Act.	
BIB	1304	3	Intro. To the New Test		GEN	4100	1	Senior Seminar	
MAT	1351	3	College Algebra						
SCI		4	Approved List						
COM	1310	3	Fundamentals of Human Com.						
Fine Arts		3	Approved List						
HIS		3	Approved List						
								Total	**42**

Additional BS- ESS Requirements

Additional Requirements

BIO	1410	4	Human Biology	4 hrs			2	CIS/Math/Science	
BIO	2489	4	Anatomy and Phy I						
BIO	2499	4	Anatomy and Phy II						
MAT	2342	3	Intro to Prob. & Stat.						
CIS	1339	3	Intro to CIS					**Total**	**12**

ESS CORE

"C" or better grade Required

ESS Student Selected Course Requirements

Dept.	Number	Cr.		Grade	Dept.	Number	Cr.		Grade
ESS	1301	3	Foundations of PE		ESS			Activity Courses (1-4)	
ESS	2110	1	Fitness Activities		ESS			2000 and above (6-13)	
ESS	2259	2	Nutrition for Comp. Ath.		ESS			Internship (1-12)	
ESS	3303	3	Kinesiology						
ESS	3304	3	Exercise Physiology						
ESS	3325	3	Lifespan Motor Devel.						
ESS	3306	3	Psychology of Exercise						
ESS	4305	3	Test and Measures						
ESS	4206	2	Issues in ESS						
ESS	4331	3	Program Leadership						
	Total	**26**						**Total:**	**15**

Minor Outside ESS (optional) 18 hours.

Dept.	Number	Cr.	Approved Substitution	Grade	Dept.	Number	Cr.	Approved Substitution	Grade
								Total:	**18**

Electives

Dept.	Number	Cr.	Approved Substitution	Grade	Dept.	Number	Cr.	Approved Substitution	Grade
								Total:	**11**

Total Hours Required for Degree Completion **124**